

DAY OF PRAYER JULY 31, 2020: SABBATH

*"It is good to praise the Lord and make music to your name, O Most High,
Proclaiming your love in the morning and your faithfulness at night,
To the music of the ten stringed lyre and the melody of the harp.
For you make me glad by your deeds, Lord; I sing for joy at what your hands have done.
How great are your works, Lord, how profound your thoughts"
(Psalm 92:1-5, A Sabbath Psalm).*

Join us for morning prayer on Zoom, 6-7am
<https://us02web.zoom.us/j/8393468528>

1. ADORATION AND THANKSGIVING

ADORE God, acknowledging that He is *Ei Elyon* (God Most High). This description of God expresses His extreme sovereignty over the universe and also His majesty. God is Sovereign, He is in control of all that happens in this world and nothing happens that He does not permit.

THANK Him for ways He has expressed His love and faithfulness to you. Thank Him for the gift of Sabbath and all you are learning about it. Name those things.

2. PRAYER FOR SOUTHSIDE

A. CONFESS:

- Ways we have failed to take Sabbath seriously.
- How we have failed to model to those around us an alternative way of life.
- Our tendency to do stuff *for* God rather than *being with* God.

PRAY:

- For a deeper trust in God and His Words to us about Sabbath (Exodus 20:8: "Remember the Sabbath Day by keeping it holy." Hebrews 4:9: "There remains then a Sabbath-rest for the people of God).
- That on the Sabbath we would learn to slow down, rest and sit with God.

B. CONFESS:

- Ways we worship work and find our identity and value in it.
- Reflect on how this may be true for you. Why is this so? Then offer this to the Lord.

PRAY:

- That we would learn what it means to engage in our work as an act of worship.
- That we would keep Sabbath not as a day of production, but as a day of His Presence.

C. CONFESS:

- Ways we conform to culture and live individualistic lives.
- That we worship time, thinking it is our own and to use as we wish.

PRAY:

- That we would prioritize community and gathering together as God's people.
- That we would learn accountability with one another and how to make decisions in community.

3. REFLECT

Take the remaining few minutes to be still and silent and ask: Lord, what do you want to say to me personally or to us as the Body at Southside about Sabbath keeping?

Journal what you believe God may be saying to you.

Send Shelley an email with any things you believe God may be saying to us as a church:
shelleyroxy@yahoo.com.

Join evening prayer at 9:30pm on Zoom to celebrate how God was present with us today.
<https://us02web.zoom.us/j/8393468528>